Things to See and Do in Holy Week

This book belongs to:

| Palm Sunday: |
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| Look for the icon of today's feast 😡 |
| Wave palm fronds/pussy willows/palm crosses |
| Listen for the epistle reading about rejoicing in the Lord always $lacktriangle$ |
| Listen to the Gospel reading about Christ's triumphal entry into Jerusalem Say the Creed |
| Sing "In Thee Rejoiceth, 0 full of grace" to the Theotokos 🗇 Say "Our Father" |
| Receive communion 🖁 |
| Sing "Blessed be the name of the Lord, henceforth and forevermore!" 🗇 |
| Walk in a procession 🐯 |
| Sing "Hosanna In the Highest! Blessed is He That Cometh In the Name of the Lord!" (how many times?) |
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| Sunday Night Bridegroom Matins: |
| Sing Alleluia (how many times?) |
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| Listen for 6 Psalms in a row |
| Find the icon of Christ as the Bridegroom 🖼 |
| Sing "Behold the Bridegroom Cometh at Midnight" 🗇 |
| Listen for the Gospel reading about Jesus and the fig tree 📜 |
| Listen to the parable of the servants and the vineyard ${\Bbb P}$ |
| Listen for how St. Joseph (with the many-colored coat) points us to Christ 🕑 |
| Sing "Verily, I behold Thy Chamber" Ask Christ to make your soul like beautiful wedding clothes $\sqrt{2}$ |
| Bow your head to pray 👃 |
| Make prostrations 🗸 🐧 🐧 |
| Venerate the icon of Christ as Bridegroom \mathscr{O} |

| Holy Monday Bridegroom Matins: |
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| Sing Alleluia (how many times?) |
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| Listen for 6 Psalms in a row |
| Find the icon of Christ as the Bridegroom 🗃 |
| Sing "Behold the Bridegroom Cometh at Midnight" 🗇 |
| Listen to the Gospel reading. Jesus says, "Woe!" to the scribes and Pharisees (how many times?) |
| Listen for what animal shows how Jesus would act if the Jewish people would come to Him $^{\odot}$ Listen for how the three holy youths inspire us to prepare to meet Christ $^{\odot}$ |
| Sing "Verily, I behold Thy Chamber" Ask Christ to make your soul like beautiful wedding clothes 🗇 |
| Bow your head to pray 🔼 |
| Make prostrations 🗸 🐧 🧸 |
| Venerate the icon of Christ as Bridegroom 🕖 |
| Holy Tuesday Bridegroom Matins: |
| Sing Alleluia (how many times?) |
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| Listen for 6 Psalms in a row |
| Find the icon of Christ as the Bridegroom 🗃 |
| Sing "Behold the Bridegroom Cometh at Midnight" 🗇 |
| Listen for the Gospel reading when Jesus tells what will happen to Him |
| Listen for the stories of two women who anointed Jesus 👂 |
| Sing "Bless the Lord, all His works, and exalt Him more and more unto the ages." 🗇 |
| Sing "Verily, I behold Thy Chamber" Ask Christ to make your soul like beautiful wedding clothes 🗇 |
| Bow your head to pray 🔼 |
| Listen for the Hymn of Cassiani 🖗 |
| Make prostructions 92 92 92 |
| Make prostrations 🗸 🗸 🧸 |

Holy Unction Service:

| Sing "0 merciful Lord, hearken to the prayer of Thy servants supplicating thee." (how many times?) |
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| See the priest bless the oil as he prays over it 😡 |
| Listen to seven Epistle Readings $\boxtimes \boxtimes \boxtimes \boxtimes \boxtimes \boxtimes \boxtimes$ |
| Listen to seven Gospel Readings |
| Pray seven prayers for healing 📣 🙏 🗘 🗘 🗘 |
| See seven candles being lit |
| Kneel when your priest holds up the Gospel Book and prays for you 🔼 Be anointed with oil 🗸 |

Holy Thursday Liturgy:

| Listen for Judas being compared to Christ $oldsymbol{\mathbb{P}}$ |
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| Sing "O Gladsome Light!" 「 |
| Listen to the story of the time when God spoke to Moses in thunder ${\cal M}$ |
| Listen to the story of when God spoke to Job in a whirlwind 🚓 |
| Listen for the prophecy of Isaiah about God helping us 🖒 |
| Listen to the Epistle about Holy Communion 🖾 |
| Listen to the Gospel about the Last Supper |
| Say the Creed \bigcirc |
| Sing "In Thee Rejoiceth, 0 full of grace" to the Theotokos 🗇 |
| Say "Our Father" |
| Receive communion 🖁 |
| Sing "Blessed be the name of the Lord, henceforth and forevermore!" 🗇 |
| Watch to see if your priest washes twelve men's feet as Christ did for His disciples \odot |
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Listen for 6 Psalms in a row Sing "Alleluia, alleluia, alleluia" Listen to twelve Gospel Readings After each Gospel, sing "Glory to Thy longsuffering, O Lord!" \mathbb{J} Watch twelve candles being lit See the procession with the Cross Listen for 3 nails being pounded & & & Listen for "Today He is suspended on a Tree who suspended the earth over the waters." (2) Listen for the Beatitudes. How many times do you hear "Blessed are..."? P See the church get dark Bow your head to pray 🛝 Venerate the Cross 🕖 Leave church quietly \mathbb{A} The Four Royal Hours Service(s) of Holy Friday: 3 Psalms each hour \(\subseteq \quad \subseteq \subseteq \subseteq \quad \subseteq \subseteq \subseteq \subseteq \quad \subseteq \subseteq \quad \subseteq \quad \subseteq \quad \quad \subseteq \quad \qua 10ld Testament reading each hour 层 层 层 1 Epistle reading each hour ⊠ ⊠ 1 Gospel reading each hour 📃 📃 40 "Lord have mercy"s each hour \(\square\) Kneel for "Today He is suspended on a Tree..." Listen for the Beatitudes. How many times do you hear "Blessed are..."? (2) Say the Creed

The Twelve Passion Gospels Service:

The Unnailing Vespers:

| See flowers on the kavouklion/bier 😡 |
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| Listen to the choir/chanter sing about the Theotokos, Pilate, and others seeing Christ's suffering ${\Bbb P}$ |
| Sing "0 Gladsome light" 🗇 |
| Listen to 0ld Testament readings |
| Listen for the Epistle and Gospel readings $oxtimes$ $oxtimes$ |
| Look for a white linen sheet that will wrap Christ's body 🔎 |
| Watch your priest remove Christ's body from the cross and take it away 😡 |
| Bow your head for the prayer 🛝 |
| Watch the procession with the Epitaphios, which is laid on the kavouklion/bier |
| See the flowers sprinkled on the Epitaphios 🕞 |
| Smell the myrrh/flowers 🖒 |
| Venerate the Epitaphios 🕖 |
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Lamentations Service:

| How many times in this service do you hear about the resurrection? ${f oldsymbol{arphi}}$ |
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| Listen for 6 Psalms in a row |
| Sing "God is the Lord and has revealed Himself to us" 🗇 |
| Listen for the Canon of Holy Saturday (how many Odes?) 👂 |
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| Sing the Lamentations 17 |
| Smell the rosewater that your priest sprinkles all over the church $igoddot$ |
| Go on a procession with the bier/Epitaphios 💔 |
| Sing "Holy God, Holy Mighty, Holy Immortal, Have Mercy On Us" 🗇 |
| Enter into church under the bier/Epitaphios 🛅 |
| Listen for an Old Testament, Epistle, and Gospel reading $\Xi oxtimes oxtimes$ |
| Bow your head to pray 👃 |
| Venerate the bier/Epitaphios and receive a flower 🖉 🕸 |